Table 98: Californians Who Can Name Low Cholesterol Foods that Help Prevent Heart Disease, Trends 1993-2001

Question: Have you heard of any foods that may prevent heart disease?
Can you name any of these foods?

	Percent Naming Low Cholesterol Foods					Change of Percentage			
	1993	**1995**	**1997**	**1999**	**2001**	**1993-95**	**1995-97**	**1997-99**	**1999-01**
Total	**22**	**12**	**10**	**11**	**5**	**-10***	**-2***	**1**	**-6***
Sex									
Males	22	12	10	10	4	-10***	-2	NC	-6***
Females	21	13	9	12	5	-8***	-4*	3	-7***
Males									
18 - 24	20	3	4 *	6	1	-17***	1	2	-5*
25 - 34	18	13	11	9	4	-5	-2	-2	-5*
35 - 50	24	14	12	10	6	-10*	-2	-2	-4
51 - 64	26	16	7	13	7	-10	-9*	6	-6
65+	26	6	11	11	3	-20**	5	NC	-8*
Females									
18 - 24	18	0	4 *	10	5	-18***	4	6	-5
25 - 34	18	13	9	10	4	-5	-4	1	-6
35 - 50	24	16	14	11	7	-8	-2	-3	-4
51 - 64	23	15	10	15	6	-8	-5	5	-9
65+	21	17	8	13	5	-4	-9*	5	-8
Ethnicity									
White	24 **	14	13 ***	13 ***	5	-10***	-1	NC	-8***
Hispanic	14	10	3	5	6	-4	-7***	2	1
Black	17	10	7	6	2	-7	-3	NC	-4
Asian/Pacific Islander				10	5				-5
Education									
Less than high school	8	12 *	3 ***	5 ***	3	4	-9**	2	-2
High school graduate	18	8	4	6	4	-10**	-4*	2	-2
Some college	24	10	11	10	4	-14***	1	-1	-6***
College graduate	28	18	13	17	7	-10***	-5	4	-10***
Income									
Less than $15,000	15 **	10	6 ***	5 ***	2 *	-5	-4	-1	-3*
$15,000 - 24,999	19	9	6	6	6	-10**	-3	NC	0
$25,000 - 34,999	22	8	7	11	8	-14**	-1	4	-3
$35,000 - 49,999	23	16	14	12	4	-7	-2	-1	-8**
$50,000+	28	16	12	17	6	-12***	-4	5*	-11***
Physically Active									
Did not meet recommendations					5				
Met recommendations					5				
Overweight Status									
Overweight/Obese					6				
Not overweight					5				

A box around a group of numbers signifies that differences observed within this group are statistically significant.
Chi square test:
  * p<.05
 ** p<.01
*** p<.001